



G. Pulla Reddy College of Pharmacy

Mehdipatnam, Hyderabad

Affiliated to Osmania University and Approved by PCI

Accredited By National Assessment and Accreditation Council (NAAC)

Autonomous



PERSONALITY DEVELOPMENT PROGRAMME

G. Pulla Reddy College of Pharmacy organized a Personality Development Programme on 18th July 2026 with the objective of nurturing the overall personality, confidence, values and social awareness of the students. The programme was conducted by **Disha Bharat** with the inspiring motto: **“Know Yourself, Know Your Country and Know Your Culture.”**

The program comprised a series of engaging and interactive activities designed to encourage self-discovery, personal growth and a deeper understanding of India's rich cultural heritage. The sessions emphasized the importance of knowing one's strengths, values, responsibilities and goals in life. An interactive session was conducted to promote active participation and meaningful communication among the students. The students were enthusiastically participated in a quiz that enhanced their general knowledge and awareness of India's history, culture, heritage and achievements. The program also included yoga sessions, highlighting the importance of physical fitness, mental well-being and discipline. The programme provided students with an enriching learning experience beyond the classroom. Through engaging activities, discussions, quizzes, and yoga, the students gained valuable insights into self-awareness, national pride, cultural values and holistic personality development. The initiative by **Disha Bharat** was highly appreciated by the students and faculty. The programme successfully inspired the students to develop a positive outlook, strengthen their confidence, understand their identity and culture and contribute meaningfully to society. The program was coordinated by Dr. A. Lalitha Devi and Dr. V. Nagesh.


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